

3 CIRCLES® PILATES

ROOM	MONDAY			TUESDAY			WENSDAY			THURSDAY			FRIDAY			SATURDAY			SUNDAY
	MAT	EQUIPMENT1	EQUIPMENT2	MAT	EQUIPMENT1	EQUIPMENT2	MAT	EQUIPMENT1	EQUIPMENT2	MAT	EQUIPMENT1	EQUIPMENT2	MAT	EQUIPMENT1	EQUIPMENT2	MAT	EQUIPMENT1	EQUIPMENT2	
8.00-9.00		Kiki	Katerina			Georgia		Kiki	Georgia			Georgia			Georgia		Elisavet	Katerina	Closed
9.00-10.00		Kiki	Katerina			Georgia		Kiki	Georgia			Georgia			Georgia		Elisavet	Katerina	
10.00-11.00		Kiki	Katerina	Georgia			Kiki	Kiki	Georgia	Georgia 9.30-10.30				Georgia		Elisavet	Katerina		
11.00-12.00		Kiki	Katerina		Kiki	Georgia		Kiki	Georgia		Kiki	Georgia			Georgia	Katerina	Kiki	Katerina	
12.00-13.00		Kiki			Kiki	Georgia		Kiki	Georgia		Kiki	Georgia			Georgia		Kiki	Katerina	
13.00-14.00		Kiki			Kiki	Georgia		Kiki	Georgia		Kiki	Georgia			Georgia		Kiki	Katerina	
14.00-15.00		Kiki			Kiki						Kiki								
15.00-16.00																			
16.00-17.00		Elisavet							Katerina		Elisavet			Kiki	Katerina	Closed			
17.00-18.00		Elisavet	Georgia						Katerina		Elisavet			Kiki	Katerina				
18.00-19.00		Elisavet	Georgia		Kiki	Elisavet		Kiki	Katerina		Elisavet	Georgia		Kiki	Katerina				
19.00-20.00		Elisavet	Georgia		Kiki	Elisavet		Kiki	Katerina		Elisavet	Georgia		Kiki	Katerina				
20.00-21.00	Georgia	Elisavet		Kiki		Elisavet	Kiki		Katerina	Georgia	Elisavet		Kiki	Kiki					

MAT: group sessions, availability of 10 students
 * Equipment1: duets or privates with appointment
 * Equipment2: duets or privates with appointment